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## Newsletter - January 2026

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### Latest News

Our instructor Jehad, has been awarded 'Coach of the year' by the Muslim Sports Foundation. An amazing achievement that reflects his dedication and commitment to the community. Well deserved!

**Thank you all for your votes and support**



## Mamluk Course Starting Soon!

(6 weeks, 2 hours on Sundays)



### Equipment Provided

Just come with enthusiasm (and warm clothes)



### Expert Instructor

Course lead by Jehad Shamis,  
Head of Mamluk Academy UK

(and male coach of the year)



### Age 12+

A great course to do as a family, and/or to develop skills in your children

[Book a place](#)

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## Knowledge Base

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### Technique

## How to string a bow

There are different methods to string a bow. We'll show you the 'step through method'. The most commonly used. It is simple and fast. Click the image to see the full video.

[Watch the video](#)



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## Club News

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## Welcome our new member

We are happy to welcome Bruce the Deer as the latest addition to our club.

[View our Gallery](#)

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## Archery History

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### Origin

**Toxophilite (n.):** A person fond of or expert at archery. The word derives from the Greek toxon (bow) and philos (loving).

**Archery (n.):** The art, practice, or skill of shooting with a bow and arrow.

Almost every civilization...

[More in our Journal](#)





# Start or continue your archery journey

CONTACT US



## Archery for all

Nuffield Health Center, SW16 DN, london  
United Kingdom

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# Introduction